

File Created by [Blogging Rebirth](#) WP Plugin

# **Skin Tightening Treatments: What You Need to Know**

Aging touches everyone at one point or another. As you age your skin becomes thinner and can be damaged easier. It also loses its elasticity as it receives less blood flow. The loss of moisture and collagen that circulates in the skin causes the skin to dry out, wrinkle and sag.

As the skin loosens it changes the texture and look it once had, especially on the face. Very noticeable lines and bags can change even the skin color as dark vessels pierce through some areas making a person look tired even when they are not. Extra sags or skin on the body can cause problems of rubbing and dryness which can lead to discomfort, especially if the skin is thinner than it used to be.

Rapid weight loss can also make the skin hang and can be embarrassing and uncomfortable. Many people search for **skin tightening treatments** that will rid them of the severe look of aging and the loose skin. It can be hard to find the right product for you. The variety of choices can be overwhelming, but with some research through the Internet, advice from family or friends and questions to your physician, you can make the choice that is right for you.

## **Skin Tightening Treatments**

Dermatologists prescribed lotions, creams including collagen boosters to tighten the skin, and surgical procedures through “cosmetic” surgery are often used as skin tightening treatments. Fillers are used like Botox injections, Sculptra, Lipodissolve and Fraxel laser treatments. There are other noninvasive choices like Thermage and Titan. Each one of these are different in how they are administered, the costs, how they work, if there are side effects and the length of time they continue to work.

## **Finding Help**

Finding a good dermatologist is your first step. The doctor can answer your questions and explain why your skin is the way it is, what your options are, what their office offers in ways of treatments, what results you can expect and how to further care for your skin. A Dermatologist can also recommend other physicians if you decide that you want a surgical procedure. With all the information you can then make a good informed decision based on the facts.

## **Possible Skin Tightening Treatments Side Effects**

No matter what procedure you choose, you will be informed of the possible side effects. Here are a few possible side effects to consider:

- Creams and lotions may contain an ingredient that you have an allergic reaction to. They may dry your skin out where it becomes flaky.
- Surgical procedures can cause some swelling and scarring, nerve damage and even reactions from the anesthetic or medications that are administered.
- Botox can cause temporary facial paralysis, flu like symptoms and headaches or possibly bruising.
- Laser light therapy can cause redness to the skin and mild swelling.
- Thermage may cause redness, swelling, mild burning sensation, or blistering.

Every person reacts differently and you might not have a reaction at all. But these are some of possible side effects just to be informed.

## **Skin Tightening Treatments Costs**

A complete face-lift is between \$11,000 and 20,000, liposuction costs between \$2,000 and 5,000, Thermage (tissue tightening) costs between \$2200 and 2800, Sculptra (liquid lift) \$5,000 to 7000.

Creams and lotions vary whether you are using prescription ones, over the counter ones and what ingredients they have in them.

## Choosing the Right Treatment

No one knows you better than you do. Good and complete information about your skin is your first and most important step regardless of which treatment you choose. If you are contemplating any of these [skin tightening treatments](#) take your time, get the right information and make the choice that you feel is right for you.

### Related Blogs

- Related Blogs on **Skin Tightening Treatments: What You Need to Know**

You can also find this article published on [Skin Tightening Treatments: What You Need to Know](#)